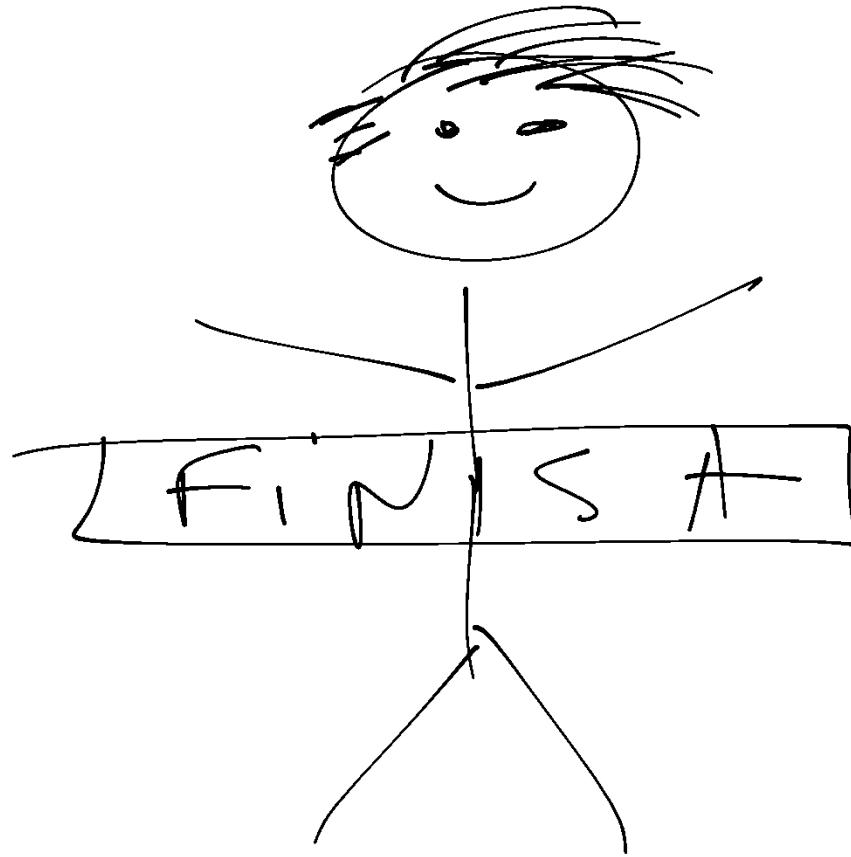


# The Day I Beat Kathy: The Aftermath

The events following the CrossFit 1420 5K Trail Run

Written By Eric Stevens

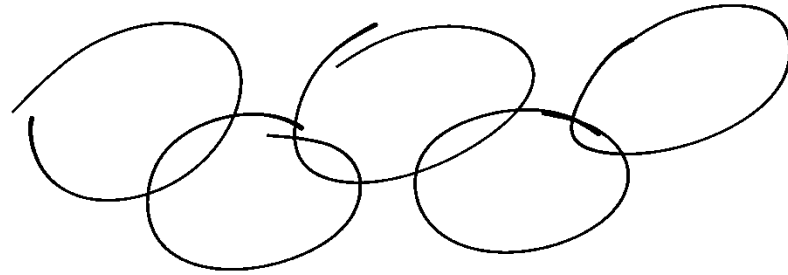
Illustrated by Eric Stevens



After Eric crushed Kathy at the CrossFit 1420 5K Trail Run,  
his antics around the house *might* have tested  
Kathy's patience a *little* bit...

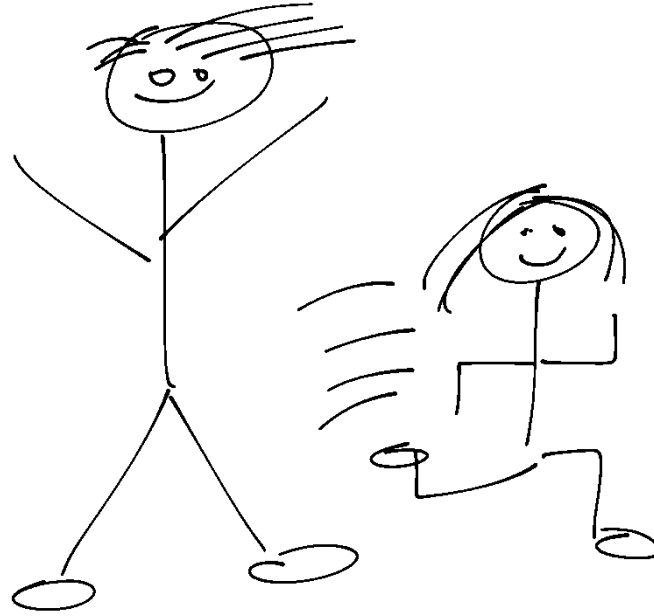


"I **SEEEE** you. You can stop 'running' in slow motion saying 'Sha ka ka ka ka ka' now.", Kathy said in an exasperated tone.



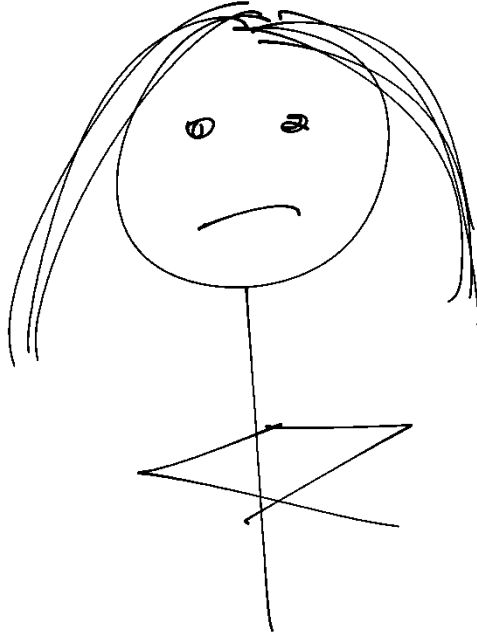
10 minutes later...

"**NOOO**, I don't think that you should buy a plane ticket to the 2016 Rio Olympics '**just in case**' they need you to fill in on the 5K event.", Kathy said firmly.



10 minutes later...

"**NO**, I don't think that Macy got her 'fast running skills' *EXCLUSIVELY* from your side of the family", Kathy said indignantly.



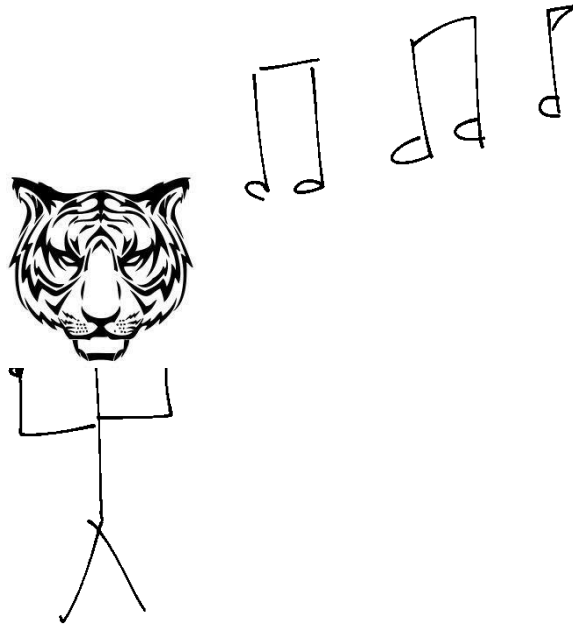
10 minutes later...

"**NO**, I'm pretty sure that 'if you had slept at a Holiday Inn Express' before the 5K race, you wouldn't have been able to '*lap me*'. **There weren't even any 'laps' to the course!!**", Kathy argued.



10 minutes later...

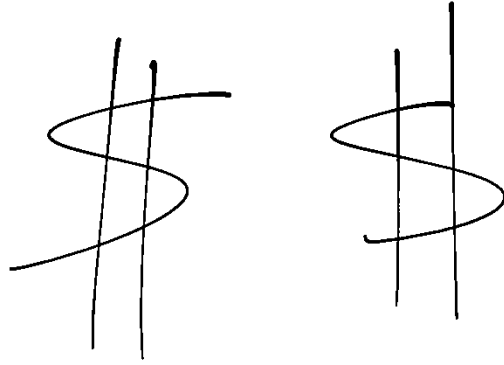
"**PLEASE** don't ask Tate, Brian, and Danny if they have any plans for a '5K hall of fame board' at the gym. **You came in, like, 20th place!!**", Kathy pleaded.



2 days later...

"I don't care if it is the 'most inspirational song of your life' -- if I have to listen to 'Eye of the Tiger' **ONE MORE TIME**, I'm going to scream!", Kathy yelled.





Then, things got **even crazier** after Eric published the first book.

Eric sold more copies of his eBook on its launch day than George R. R. Martin's "The Game of Thrones" and **everyone** wanted to be a part of his success.

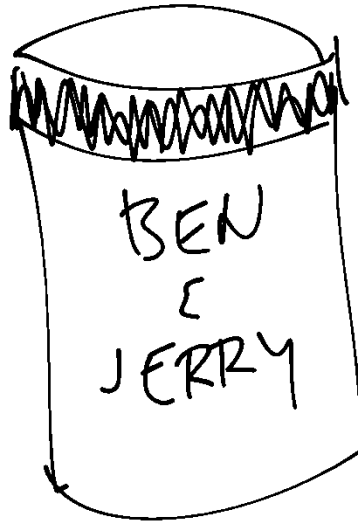


"Leonardo, I'm sorry. I **have** to go to work tomorrow. I simply cannot keep partying on your yacht all week.", Eric said apologetically.

WINTER  
IS  
COMING

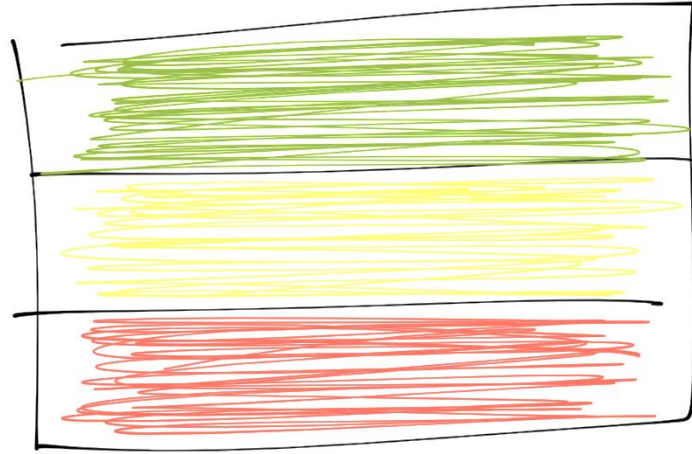
10 minutes later...

"Mr. Martin, I don't care how much you liked my book. There is just no way I can finish up 'Book 6: The Winds of Winter' for you while you keep working on the HBO series."



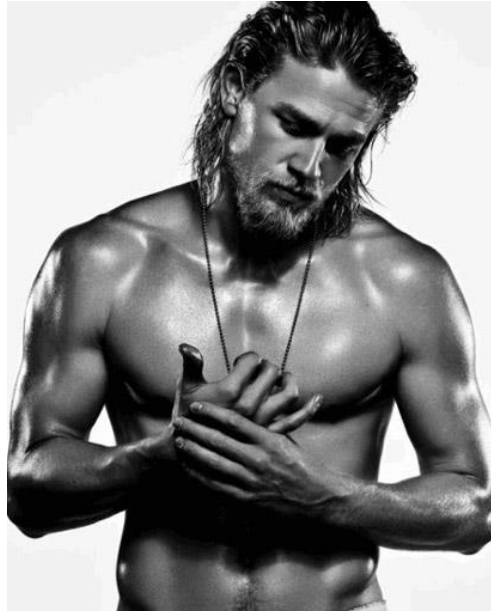
10 minutes later...

"Ben, I am sorry, but I'm just not sure if '***Kathy's Crushed Hopes and Dreams***' is a good name for an ice cream flavor."



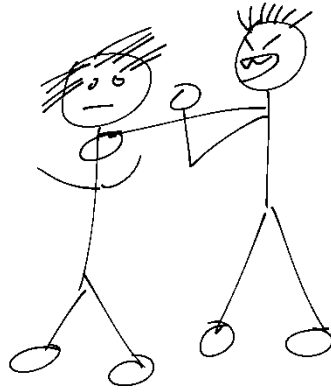
10 minutes later...

"Sorry, Kenenisa Bekele, I just wouldn't feel right wearing your bib at the Olympic Trials, to 'make sure you qualify'."



10 minutes later...

"Mr. Gosling, please stop calling me. We have already decided that **Charlie Hunnam** is a much better fit to play me in the upcoming movie version of the books."



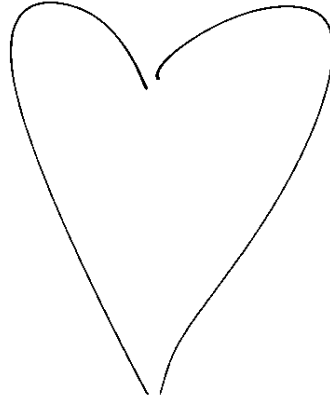
Despite all the fun, the price of fame was high at times.

A week after the big win, Eric was walking into the grocery store when someone across the way called out, "**Hey, aren't you that guy who beat his wife? The book about it was crazy!**"

**"Yea, beating her was awesome!"**, Eric yelled back.

Then, for no reason at all, some big dude walking next to him, who **obviously** must have **hated the book**, punched him in the throat and called him a bad word.

What the heck, dude?



But, in the end, the day Eric beat Kathy at the CrossFit 1420 5K Trail Run really taught him one very important lesson...

The best, and possibly only way to beat someone like Kathy in a 5K is simply NOT to tell her you are ACTUALLY RACING that day.

:) Love ya Kathy.