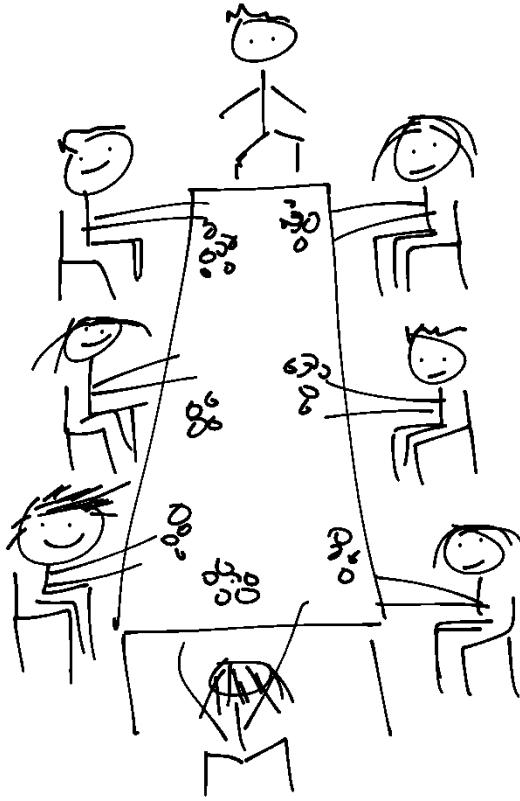


The Day I Beat Kathy: The Prequel

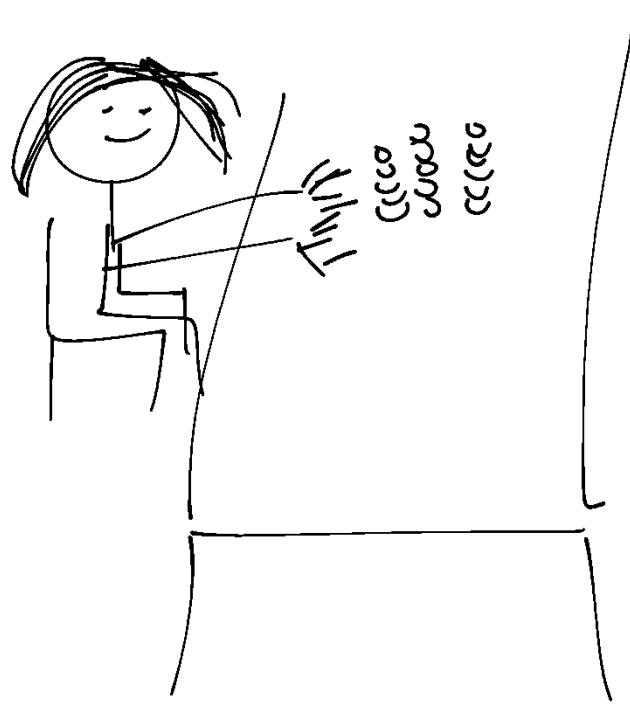
The events leading up to the CrossFit 1420 5K Trail Run

Written By Eric Stevens

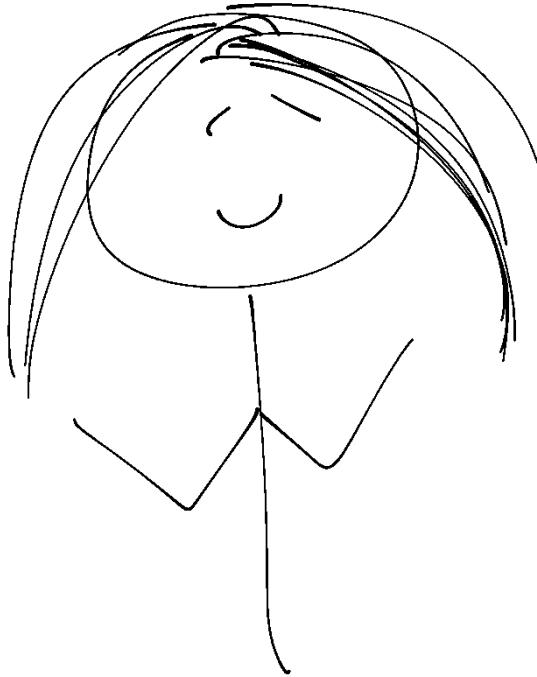
Illustrated by Eric Stevens



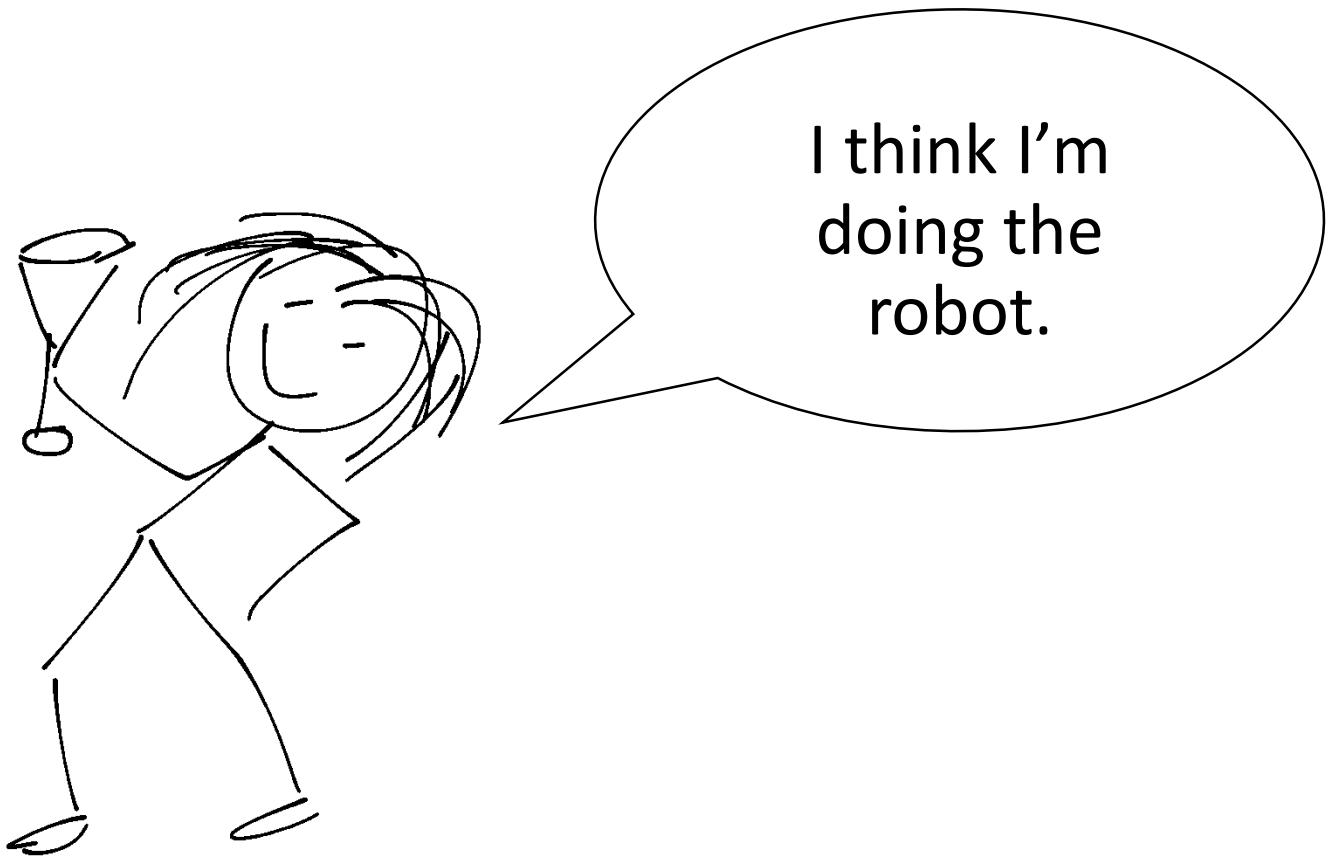
It all started at a friendly neighborhood poker night on the eve of the biggest long distance running event ever hosted by CrossFit 1420, the 5K Trail Run.



A few minutes into the poker contest...
“All In”, Kathy proclaimed confidently.

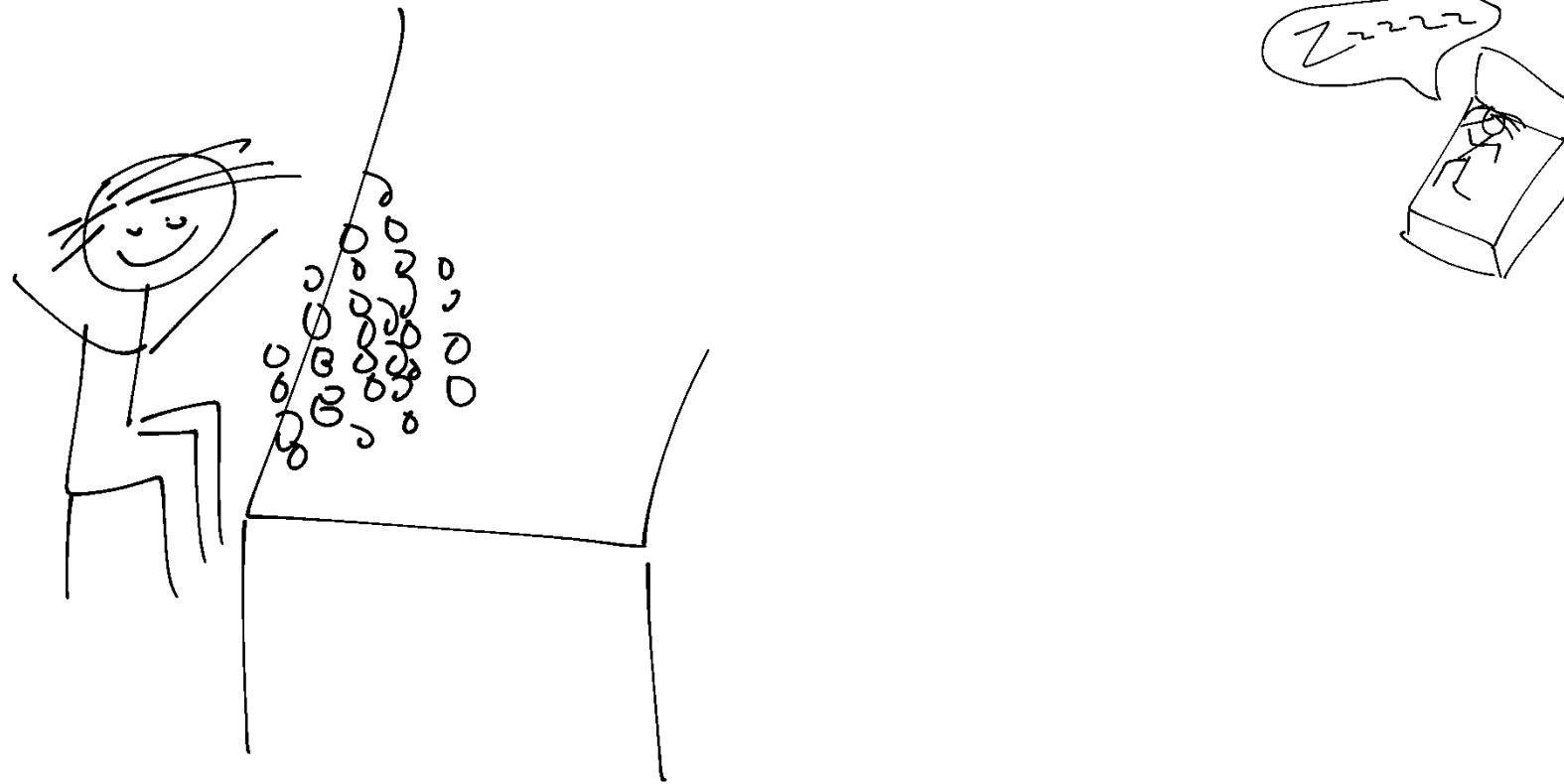


Moments later, "how many times can I buy back in", she giggled. Little did she know, but her tragic poker loss was nothing compared to what fate had in store for her later in the weekend.



The fun escalated.

Without poker to distract her, Kathy was the life of the party.



The game went on until well after midnight.

In his first crushing win of the weekend, Eric came back from a huge deficit to win the entire night, but Kathy was already long asleep.

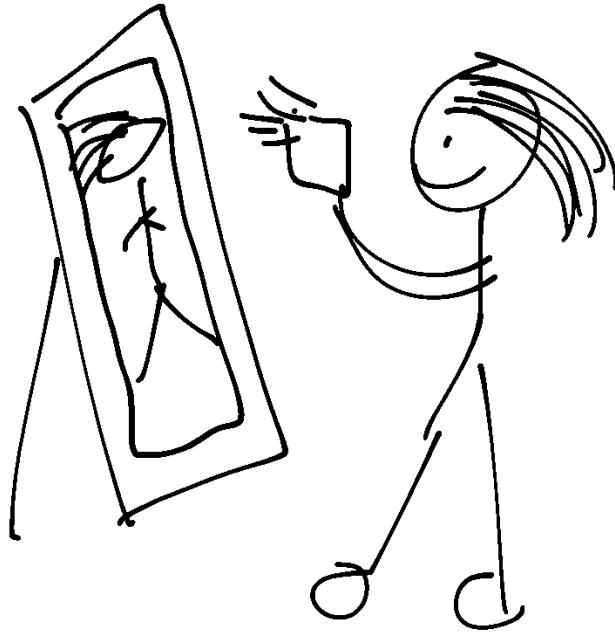


The next morning, neither the alarm nor the sounds of kids could rally poor Kathy.



"I don't feel very well, maybe I'll skip the 5K", Kathy croaked.

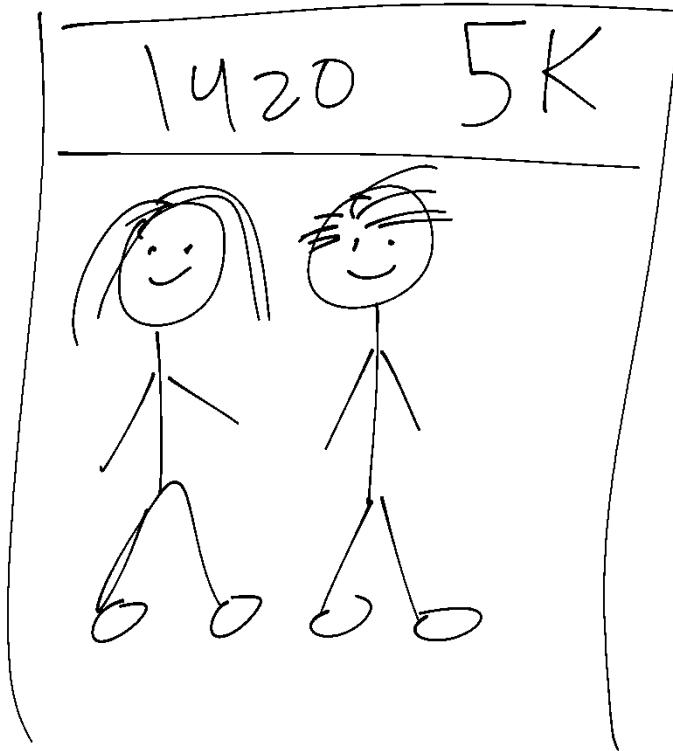
"Who are you kidding", Eric snickered, "You... skip a workout?"



"You're right" she laughed as she adorned her lulu.

"I'll be ready to go soon... just first let me take a selfie".

The selfie/dancing interlude lasted many minutes and Eric and Kathy were almost late to the 5K.



Reinvigorated by her cute workout outfit and the prospect of chatting with friends during the run, Kathy marched blindly toward the biggest defeat of her life.